Students: Please complete this form with the reflections for this month and submit to your liaison in IPT by the dates listed on the Field Calendar.

Please tell us how many times in the last month you participated in the various assignments:

______ Individual Clients    ______ Administrative Assignments
______ Family Assignments    ______ Community Involvements/Contacts
______ Group Assignments     ______ Opportunities to Engage in Research
______ Macro Assignments     ______ Opportunities to link Clients to other Resources/Services
______ Intakes/ Assessments  ______ Other (Specify type)

Tell us about supervision this month:

______ Number of times you met with your instructor individually at a scheduled time

______ Number of times you met with your instructor and other students for group supervision

______ Check here if you didn’t have formal scheduled supervision but met with your supervisor on an as needed basis

Total amount of time spent in the above types of supervision this month:

______ 0-60 minutes ______ 1-2 hours ______ 3-4 hours ______ 4-5 hours ______ 5 or more hours

How helpful was supervision to you this month? Very Helpful - Somewhat helpful - Not helpful

5 4 3 2 1

See reverse side........................................................................................................................................................................................................
Please use the questions below to reflect on your field experience by considering important questions throughout the year. Please type your responses to the questions for the month and submit them as part of the monthly report. Your statements should involve critical thinking and reflection to demonstrate thoughtful consideration and should be approximately one page in length.

**Month 1: September- Due October 1st**
What is your understanding of your role at the agency? What information/experiences do you still need to better understand your role?
Describe two safety issues that may come up at your agency. Describe what you have done to address your concerns.

**Month 2: October- Due November 1st**
What self-care tools are you using to manage the pressures of field and other responsibilities in your life?
Having a support system is an important part of self-care. Who/what are your support systems and how do they help you?

**Month 3: November- Due December 1st**
As you look back over the past semester, what are you most proud of and what is the most important thing that you have learned?
What goals do you have for the upcoming semester? What steps will you take to make those things happen?

**Month 5: January- Due February 1st**
What have you learned about yourself as a result of participating in field last semester?
What will you do differently to improve your field experience this semester?

**Month 6: February- Due March 1st**
Describe a time when you considered the Code of Ethics and applied it to an experience in your field placement.
Give an example of an ethical dilemma that you shared with your field instructor. Describe how they helped you process this situation.

**Month 7: March- Due April 1st**
Share your involvement in participating in a macro activity (research, policy work, and/or community involvement).
Critically analyze the impact of this activity on your clients and/or the agency and the services they provide.